



Right Care, Right Place, Right Time

Supporting the NHS



We understand the pressures in achieving efficient patient flow, whilst ensuring appropriate provision for patients who require a level of short-term transitional support.

We also know when patients are delayed in being transferred from hospital, they can become dependent on inpatient care and can lose their coping skills. Key personal relationships may be damaged and housing or jobs may also be lost. A rushed or poor transition also creates significant anxiety, leaving patients uncertain about future independence.

Transfers from general and mental health wards continue to be a huge pressure on the NHS in England. Delays in mental health wards are estimated to account for 1 in 20 bed days, costing the NHS more than £2million a year.

As well as the financial strain, patients delayed in acute settings can also cause:

- + High occupancy rates
- + Issues with levels of acuity
- + Increased risk of serious incidents
- + Out of area placements
- + The premature discharge of others
- + Negative effects on staff morale
- + Negative effects on staff retention and recruitment

It is vital to discharge patients at the right time so they can safely recover and be supported to move on, be that either back home or to an appropriate place to meet their ongoing needs.

How can Living+ help?

We know that appropriate housing and support is vital for patient well-being and recovery following a hospital stay.

Whether your patients have been made homeless by the length of their stay in hospital, require a period of rehabilitation, or need help to find a more specialist long-term place to live, we can work with you to develop a step-down solution between hospital and home.

Through either suitable property acquisition or redevelopment of existing property stock, we can tailor a solution to your local needs and any commissioning preferences.

We can provide appropriate step-down accommodation with flexibility on support delivered either by Living+, one of our strategic partners or a partnership with your preferred care and support providers.

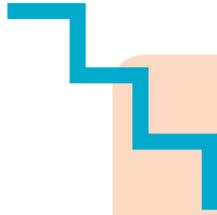
Patients of Living+ Step Down accommodation are supported by a combination of:

- + Community mental health teams
- + Living+ support staff
- + Mental health specialist partners

These partnerships will:

- + Provide welcoming physical environments conducive to supporting recovery
- + Adopt our unique Support Philosophy and tool kit to maximise patient engagement
- + Build resilience
- + Manage the risk of relapse
- + Support patients to move onto longer term settings

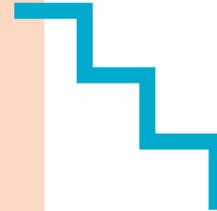




**Community based
step down provides
a more appropriate
place for recovery
before moving on.**

**We can provide support for people to
move onto a longer term setting and
provide a range of options where there
may be gaps. Options include:**

- +** Independent living with floating support
- +** Supported living
- +** Long term supported housing



Who is Living+?

As part of the Places for People Group, we have access to capital to create a solution to transfers from hospital in your area beyond just bricks and mortar. Established for over 40 years, our experience lies in providing supported housing services and working directly to support people with needs relating to their mental health diagnosis, as well as those who experience short-term impacts on their mental health as a result of homelessness and other life circumstances.

We support more than 6,500 people with a range of complex needs, in more than 50 schemes across England, using our unique Support Philosophy, underpinned by psychological principles.

Our existing strategic partners include MENCAP, Richmond Fellowship, Turning Point, Creative Support, Dimensions and United Response, and others who provide specialist support services using accommodation we own across England.

We are also working with the NHS on the Transforming Care agenda, designing and building or acquiring specialist accommodation on behalf of our strategic care and support providers who are looking for bespoke solutions. We also work with Health and Social Care Commissioners on hospital step-down services to support DTOC for older people.



We're a not-for-dividend organisation with charitable status, and operate our business with a social as well as a commercial purpose. Corporate responsibility remains at the heart of what we do.



Who is Places for People?

Living+ is part of the Places for People Group, one of the largest property management, leisure, development and regeneration companies in the UK, with over 50 years' experience creating successful and sustainable places.

As a Group Places for People employ 12,000 people, own or manage 180,000 homes, have assets of more than £3.7billion, and a turnover of £795million.

All profit is re-invested back into the business. This means the Group can sustain a wide range of activities that make a difference to people's lives. Places for People believe in responsible business, and work hard to integrate responsible business principles into everything they do.

Want to know more? Get in touch

**We'll be happy to discuss how we can work
together to support your patients.**

**Call: 01772 666134 and speak to Steve Sinnott
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